

IN OUR FEED

3 @sproutedkitchen

Tartines, tacos, even Key lime pie: There's no dish Sara and Hugh Forte can't make more healthful—or more mouthwatering-on Instagram. The dynamic duo (she's a recipe developer; he's a photographer) showcase tons of smart meal ideas, along with adorable shots of their top testers, daughter Cleo and son Curran.

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Out & About

Where to go, what to see, and how to make the most of the month.



ON THE ROAD FLORIDA

This spring break, see the Sunshine State in a new light by staying at one of these stylish places. The first resort built in Key Largo in more than 21 years, the luxury bay-front Playa Largo offers paddleboarding and lazy beach hammocks mere steps from your room. Plus, the ceviche is as fresh and local as it gets.

Playa Largo Resort & Spa > playalargoresort.com

Disney World-bound families will love the **Grove**Resort & Spa, on Orlando's Lake Austin. Each of its 878 suites features a kitchen and washer-dryer.

proveresort orlando.com

Architect Richard Meier helped turn Surfside's famed 1930s Surf Club into a new Four Seasons Hotel, complete with beachside spa.

) fourseasons.com

Nine historic homes in St.
Augustine are reborn as
the Collector Luxury Inn
& Gardens, where you

& Gardens, where you can relax in the coquina-walled courtyard.

> the collectoring.com

WHY NOT? SHARPEN YOUR KNITTING SKILLS

Jay County Fiber Arts Festival, March 10 to 11

Learn everything from proper sheep shearing to casting off.

Portland, Indiana; visitjaycounty.com

Pittsburgh Knit & Crochet and Creative Arts Festival, March 24 to 26

Master a new pattern like short rows or knitted plaid.

Pittsburgh; pgh knitandcrochet.com

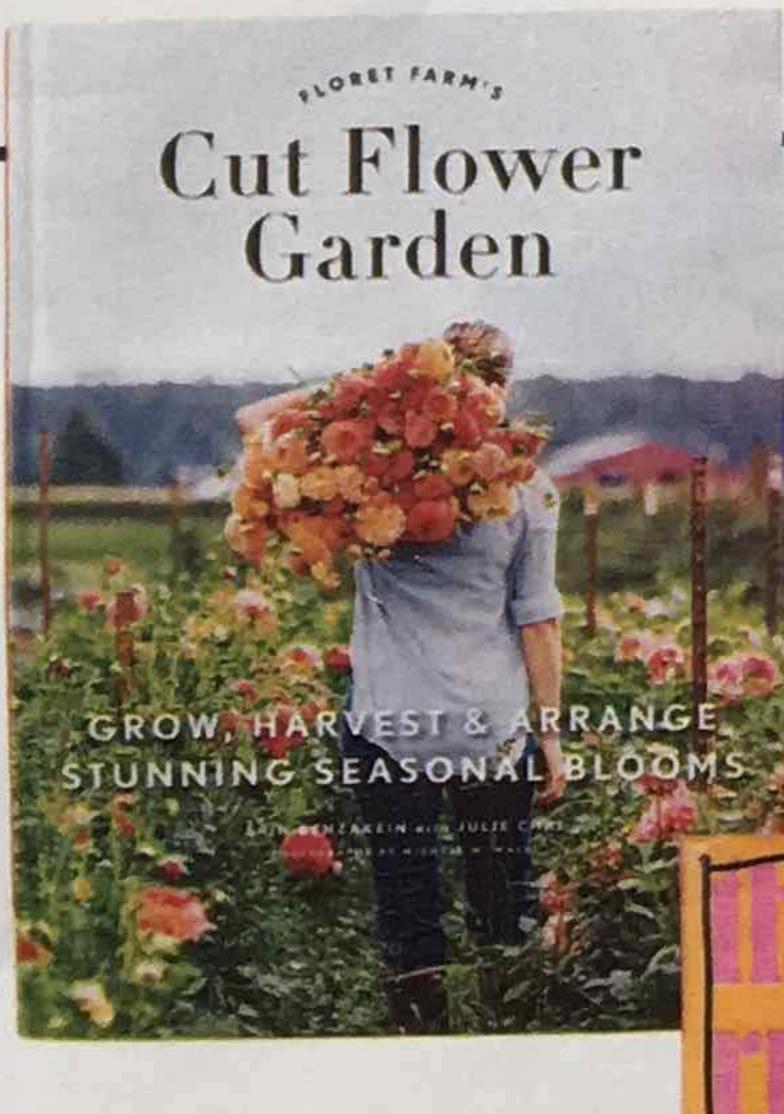
Interweave Yarn Fest, March 30 to April 2

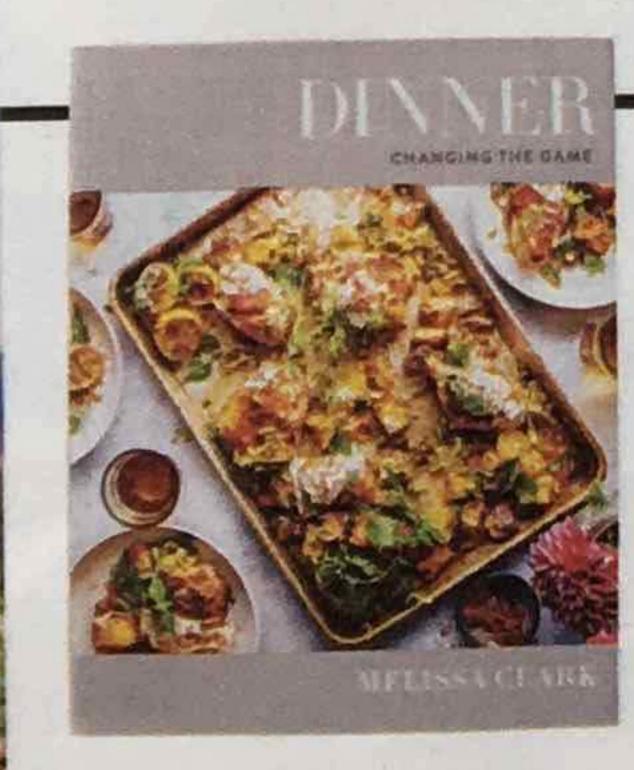
Take in a workshop for spinning, tatting, and more.

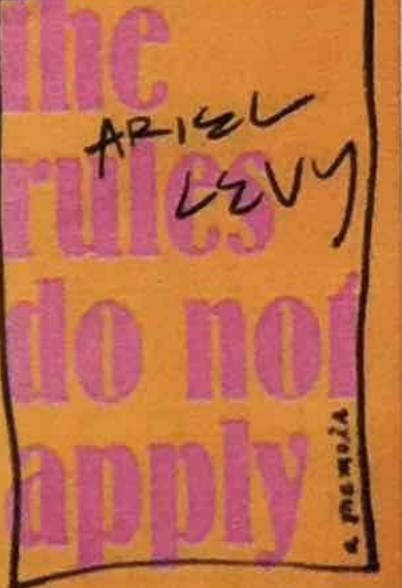
PLoveland, Colorado; interweave yarnfest.com



Give a gift that keeps on giving: Minneapolis-based Louise Gray's baby quilts, available via the American Refugee Committee's Maker's Collection (shop makers.org), support local artisans and ARC's global efforts.







ON OUR BOOKSHELF

If the weather comes storming in like a lion, stay indoors with inspiring reads. Any one of the nearly 250 rib-sticking recipes in Melissa Clark's new cookbook, *Dinner: Changing the Game* (Clarkson Potter), is sure to warm you. (We're eyeing her hearty pappardelle Bolognese with lentils and sausage.) A cold snap is a prime opportunity to sink into Ariel Levy's un-put-down-able memoir, *The Rules Do Not Apply* (Random House), in which the *New Yorker* writer recalls in elegaic detail how she had it allhome, marriage, baby—and survived losing it. When cabin fever strikes, crack open *Floret Farm's Cut Flower Garden* (Chronicle). Full of gorgeous ideas from our 2014 American Made Award winner Erin Benzakein, it'll satisfy your itch to just spring forward already.