







Q: What would you say is the core of your Q: Why is the soil so important for the soul? success and your happiness? I'm constantly amazed by the A: In our everyday lives, especially during A: I love being able to do what I love alongside power that flowers have to tumultuous times for our country or in our my family. There is nothing better, really. I also own personal lives, we must find activities-like tap into our deepest emotions. love sharing the beauty of what we are growing gardening and connecting with nature—that and creating through photographs and stories. bring us peace. I'm constantly amazed by the Flowers have a remarkable There's no sense hoarding all these pretty flowers power that flowers have to tap into our deepest for ourselves, so every day we share snippets ability to make us smile and emotions. Flowers have a remarkable ability to of our flower-filled life on the Floret website make us smile and bring us joy. They provide and through social media. Over the years I've bring us joy. They provide comfort and help heal broken hearts. They spark shared my experience and my family's story on memories and stir nostalgia. The joy in growing, comfort and help heal broken the Floret blog, which I think really resonates sharing, or receiving flowers is pretty remarkable, with people. I find that for far too many people, really. For me, few other things in life provide hearts. They spark memories conventional career paths have left them feeling such simple satisfaction. emotionally and creatively empty, so they are and stir nostalgia. The joy in drawn to opportunities to connect them to what Q: What is a truth you know for sure? growing, sharing, or receiving really matters. For many, that is having a closer connection to earth and their families. A: There are so many reasons to grow, share, flowers is pretty remarkable, and enjoy seasonal flowers. Whether you plant Q: You grow beauty. How did it begin for you? really. flowers in honor or in memory of a loved one, to provide food for bees or other pollinators, for A: My husband, Chris, and I wanted to be able a business, or exclusively for your own personal to raise our family surrounded by nature, so we pleasure, flowers are a beautiful balm for the soul. moved from Seattle to the Skagit Valley. We tilled up our tiny two-acre plot to first create a huge vegetable garden. Tucked in with all the vegetables was a double row of flowering sweet peas planted in memory of my great-grandmother. Grammy had introduced me to gardening and flowers at a very young age. As a child, I was her "little flower girl" and she tasked me with making bouquets for her bedside table. Flowers were a source of great joy and connection between us. So, when the first flush of sweet peas bloomed in our new garden, it felt as if she were there with me. I shared much of the garden's bounty with friends, family, and anyone who crossed my path. When I delivered my first bouquet, the recipient teared up as she buried her face in the flowers. Seeing the impact that flowers had on her and so many others who received our flowers was tremendous. After seeing all the tears, smiles, joy, and memories evoked by my flowers, I knew I had found my calling. FLORET FLOWER { etin benzakein }